

Nitroglycerin Patch use for Elbow Pain – FDA unapproved use

Cut the nitroglycerin patch to 1/8 or 1/4 size.

1/8	
	1/4

Apply to tender area on elbow.

Wear patch up to 12 hours in a 24 hour period.

Use the patches for a 2 to 4 week period.

Patch may cause headache. If this occurs, reduce the size of the patch. If headache persists, discontinue wearing patch completely.

Do not wear patch if using other nitroglycerin medications or taking prescriptions for erectile dysfunction (such as Viagra, Cialis, etc.) until checking with your primary care physician.